

Monroe County Health

Monroe County, Indiana

2543

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Department

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Indiana University Bloomington student tests positive for COVID-19

The Monroe County Department of Health has received notification of a positive test of COVID-19 for an Indiana University Bloomington student living off campus. The student has been in isolation off of the Bloomington campus since March 13 and is now exhibiting only mild symptoms.

The Health Department is conducting contact tracing to determine others who could have come in contact with the student

The Monroe County Health Department will follow up with the student to determine when they can be released from isolation.

The Health Department is working closely with the Indiana State Department of Health and Indiana University to keep all informed on this case.

How you can help stop the community spread of COVID-19

Social distancing: stay out of places with groups of people, avoid large events and keep a distance of 6 feet between you and anyone else when possible. Only go out for essential items. Governor Eric Holcomb has recommended Hoosiers follow the CDC's guidelines of no events with 50 or more people and limiting meetings to 10 people.

Self-monitoring: check for a fever by taking your temperature twice a day and be aware of any developing cough or difficulty breathing. Continue practicing social distancing and stay home. If you develop a fever, cough or difficulty breathing while self-monitoring, call your health care provider for further instructions.

Self-quarantine: if you know you've been exposed or have likely been exposed to COVID-19 but do not vet have symptoms, you will be asked to self-quarantine. This means separating yourself from others (even within the same household) to prevent the spread of the virus.

If you're sick: if you have any symptoms, whether you have officially been tested for COVID-19 or not, the CDC offers a number of recommendations to help stop the community spread of COVID-19 and let you know when it's safe to stop isolation and resume normal activities.



The Monroe County Health Department is dedicated to transparency and pledges to keep the community informed by sharing information by press releases as well as its webpage at <u>www.co.monroe.in.us/HealthDepartment</u> and its Facebook page. Up to date information on Indiana coronavirus cases can also be found at ISDH at <u>https://www.in.gov/coronavirus/</u>. Please look to these sources for the most up-to-date and accurate information.

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