



Rhonda Hawkins Gray

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Warning- long Covid read- just my thoughts... I am fully vaccinated, I received my booster a little over a week ago. Two days after my booster, I noticed that I had cold like symptoms which is not a side effect of the vaccines. I was going to be at a bachelorette party last Friday and was supposed to be a bridesmaid in a wedding this Saturday. Since I know that I can still get Covid being vaccinated, I decided I should get tested. The result was not what I wanted... I was/am positive! Fortunately I have had very mild cold like symptoms. I have lost my taste and smell. For me the worst side effect was three days of burning sensation in my nasal passage. I had a low-grade fever for one day. I am isolating and working from home until this Saturday at midnight which was the day that I was going to be a bridesmaid in a wedding (sorry Mel)... To date, the vaccine is doing what it says it will do. It is keeping me from severe illness and/or being hospitalized. I pray it continues to do that. Here is my plea. If you can be boosted get boosted, I got boosted and it was seven months after I was fully vaccinated. They are seeing the percentage of coverage from vaccines drop dramatically after six months. If you have not been vaccinated at all and can be, please do it as soon as possible. This is the one thing that we can do as a community to protect others and to protect ourselves and to help stop the spread. When the virus has vessels (people) to continue to mutate in, it will get stronger and more contagious. We can do our part by getting vaccinated. Please take the time to read on the vaccine and learn more about it. Is it perfect, no, is it the best thing that we've got to help fight this horrible virus... Yes! I pray for the families and the people who are fighting severe illness and hospitalization. I pray for the healthcare providers who are exhausted and continue to show up. I pray this pandemic ends soon. Stay safe and God Bless!

